

CURRICULUM VITAE

Name: Manuel Almendro

Address: Calle Provença 112 Barcelona
Calle San Vicente Ferrer 16, 1º Dcha 28004 Madrid

*University Qualifications

Degree	<u>Date</u>
University of Barcelona. UB. Faculty of Philosophy and Letters. Psychology	10/06/1980
Spanish Ministry of Education Qualified Psychologist specialising in Clinical Psychology	05/02/ 2007
University of Barcelona. UB. Degree in Philology	09/2/1982
Doctorate	<u>Date</u>
Autonomous University of Madrid. UAM. Doctorate in Psychology (Summa cum laude)	07/12/2000
University of Barcelona. UB. CAP. Certificate of Education.	1980

*Professional Qualifications

Registered member. Official Association of Psychology of Barcelona. Nº 4034. Since 1987

Certified European Psychologist, Psychology and psychotherapy.
Registered EuroPsy Psychologist.
Registered Psychologist Specialist in Psychotherapy
Certification granted 10 June - 6 June 2011 Renewed

6 July 2016

Member of EFPA (European Federation of Psychology Association) Since 2008

Member of the Society for Chaos Theory in Psychology & Life Science.
Wisconsin, USA

2001/2002

Founding Chairman of ATRE. Spanish Transpersonal Association. 1992

*CURRENT PROFESSIONAL SITUATION and START DATE:

Clinical Practice since 1984 - Research-Private Teaching.

Chairman of the Oxigeme Association since 2008.

Assessment of Professional Psychologists

ORGANISATION: OXIGEME CENTRE

DEPT. Clinical psychology Training for psychologists and physicians using the Oxigeme process

POSTAL ADDRESS: C/ Provença 112 Barcelona. C/ San Vicente Ferrer 16 Madrid. Spain. Clinics.

TELEPHONE: +34 679 108 614 and

EMAIL and WEBSITE: almen@oxigeme.com www.oxigeme.com

Note: Oxigeme is a process founded by Manuel Almendro in 1984, which integrates clinical psychology, meditation and indigenous medicines with research and publications in Spanish and English. It provides training for psychologists and physicians.

***ACADEMIC ACTIVITY**

Ramon Llull University (URLI), Barcelona. Doctoral Thesis.

Member of Doctoral Thesis Committee.

20 December 2019

“How do Psychotherapists Understand, Navigate, Experience and Integrate Spiritually in their Professional Encounters with Clients?”

Amalia Elsa María Carli. No of hours: 3hrs. 50 min

Ramon Llull University (URLI), Barcelona. Doctoral Thesis.

Member of Doctoral Thesis Committee.

6 November 2015

“Kabbalah, psychology of Jewish mysticism” Mario Saban

No of hours: 3hrs. 30 min

Complutense University of Madrid. UCM. Doctoral Thesis.

Member of Doctoral Thesis Committee.

. 11 January 2016

“Death as an adaptive psychological process in Buddhism: the resilient attitude”. Patricia Díez Sánchez. 2hrs. 30 min

University of Comillas. Madrid. Doctoral Thesis.

Member of Doctoral Thesis Committee.

. May 2016

“States of consciousness during the practice of medication: a neurophenomenological study.”

Elena López Suárez. 2hrs. 30 min

***Tutor, MASTER’S IN GENERAL CLINICAL PSYCHOLOGY:**

UDIMA –Distance Learning University of Madrid 2019-2020

Tutor, PSYCHOLOGY DEGREE Practicum:

Complutense University of Madrid. UCM.

(Cardenal Cisneros University)

2013-2014

Comillas Pontifical University

2009-2010

National University of Distance Education. UNED.

2018-2019

Open University of Catalonia

2016-2017

and 2017-2018

Miguel de Cervantes University

2020-2021

University of La Rioja

2019-2020

***OTHER QUALIFICATIONS**

Grof Transpersonal Training. California. 26 May 1995
Holotropic Breathwork Certification signed by Stanislav Grof and Christina Grof.

Zen. Jogye Order of Europe

Dharma Teacher. Barcelona, 23 July 1989
Signed by Seung Sahn, Buddhist Master.

***ACADEMIC AND PROFESSIONAL CONFERENCES, CONGRESSES AND EVENTS**

Complutense University of Madrid. UCM. One day conference, 5 April 2019:
"Psychology, Meditation and Spirituality" (SPANISH)
Presentation. Medication: Clinical application of silence

Oxigeme Process. 1st One Day Conference:

"Towards a 21st century Psychology" (SPANISH). Oxigeme Centre. Madrid
Madrid. 04/11/2017 Oxigeme Centre.
With the participation of members of Oxigeme and university tutors.

National University of Distance Education. UNED. Cádiz

"What is curing?" (SPANISH)
Conference. Book launch. 08/05/2013

University of Palmas de Gran Canaria

ATRE Congress. Spanish Transpersonal Association
Manuel Almendro, Founder and Chairman.
1st ATRE National Congress
Speech: "Crisis of Science and Consciousness". (SPANISH) 16-20/12/1998.
Workshop. "Induced vibration"
Moderator and speaker. Guest speakers Claudio Naranjo and Ilia Prigogine (did not attend due to illness)

Faculty of Medicine. Autonomous University of Madrid. UAM.

2nd ATRE Congress.
"Conscience and the meaning of life" 12-13-14/5/2000
Moderator and speaker

French Institute. Barcelona

3rd Congress. ATRE Conference.
"WISDOM, SCIENCE AND CONSCIOUSNESS" 14-15-16/12/2001
Moderator and speaker.

8th Eurotas Congress. European Transpersonal Association

St. Ouen L'Aumône. France 6-8/10/2006
Speech: "The emergence of *Anima*, the emergence of the feminine." (FRENCH)

ATRE. SEPI. Spanish Society for a psychology of integration. Alboraya, Valencia.

4th ATRE CONGRESS.
"SCIENCES OF LIFE, SCIENCES OF DEATH" 29/5/ to 1/6/2003, Moderator and speaker
(SPANISH)

School of Psychologists of Valencia. Event on the transpersonal in psychology and psychotherapy.

29-30-31/19/ 1999

Conference: "Non-ordinary states of consciousness" (SPANISH)

OSMI. Observatory of Health and Integrated Medicine

International Congress. 2-6/11/ 2020.

One Health.

Presentation: "The Emerging Conscience" (SPANISH)

www.observatoriomedicinaintegrativa.org

National University of Distance Education. UNED. Cádiz

Conference and launch of the book *Labyrinth of Ayauhasca*, 2/5/2019

National University of Distance Education. UNED

Posthumous tribute to Prof. María Teresa Román López. 29 May 2017

Event attended by the Rector of the University. Conference "M^a Teresa Román"

<https://canal.uned.es/series/5a6f3577b1111fe02b8b4569>

University of Barcelona. UB. Aula Magna

Conference, Round Table and Presentation of my book, *Krisis. Crises and innovative outcomes*, by the Dean of the Faculty of Psychology and the author. 6/5/2009. 2hrs 30 min

Autonomous University of Madrid. UAM

One day conference: Authors' Discussion. Conference and Presentation of the book *Krisis*.

4/7/2009. 2hrs.

Golferichs Civic Centre. Municipal Council of Barcelona

16 June 2018

The Oxigeme process in Clinical Practice. (SPANISH) 2nd Oxigeme Conference.

<https://www.youtube.com/watch?v=c6vySUEVlro>

Castellón Hospital. 5/3/2009

Conference and workshop. "Towards a Psychology of Chaos" (SPANISH)

3hrs 30 min.

Tortosa Hospital. Tarragona. 18/5/ 2009

Conference: "Psychology and Transpersonal Medicine" (SPANISH)

University of Comillas. Madrid. 1 October 2009

Conferences and Round Table. Presentation of the book *Krisis*.

Attended by F.Mayor Zaragoza, Former Chairman of UNESCO; R. Jódar; A de la Herran, M. Almendro. 2 hrs

Maspalomas Summer University. Gran Canaria. 21-24/ 7/ 2003

Course: "The role of emotions in the process of healing" (SPANISH)

Speech: "Psychotherapy of chaos" (SPANISH)

Castel Ruiz Cultural Centre. Local Council of Tudela. Navarra

Conference: "Compassion and inner development" (SPANISH)

"Is world peace possible?" (SPANISH)

14-7- 2008. 8-day attendance. 2-hour presentation.

Castel Ruiz Cultural Centre. Local Council of Tudela. Navarra

Conference: "Psychology and meditation: an achievable encounter" (SPANISH)

12 April 2010.

2-hour presentation.

Castel Ruiz Cultural Centre. Local Council of Tudela. Navarra

1.5-hour conference. "Crisis, anxiety of life and collective health" (SPANISH)

Guided Meditation.

Round Table: "Evolving toward a comprehensive policy" (SPANISH)

30 April 2015

1-hour round table

Meditation/mindfulness. 30 min

Castel Ruiz Cultural Centre. Local Council of Tudela. Navarra

Meditation: "The adventure of finding yourself" (SPANISH)

Date 12-17 April 2015

Psychology and Meditation

1hr. 30 min

Institute of Cultural Affairs. Prague. Czech Republic. 15 September 1992.

Topic: Transpersonal Dynamics and The New Science

Lima School of Psychoanalytics. Lima. Peru. 23/8/2000

Conference: "The limits of psychotherapy. Altered states of consciousness".

University of Lisbon. ALUBRAT. Luso-Brazilian Association. Peniche. Portugal

Presentation. Transpersonal Psychology (SPANISH). 23-25 September 1999.

3rd International Congress on Psychocorporal Therapy

Barcelona. 2 April - 2 May 1993.

"Consciousness and body in induced vibration" (SPANISH)

Speaker and organiser.

Official Association of Psychologists of Madrid

12 April 1993

"The transpersonal and the body". Conference and presentation of the 3rd Psychocorporal Congress.

Complutense University of Madrid. UCM

23-27 May 2000.

Events on the Role of Academic Psychology.

Conference: "Transpersonal Psychology: Approaching the being" (SPANISH)

Complutense University of Madrid. UCM.

Faculty of Information Science. 15-16 April 2000

Presentation. Health in the 21st century

University of Huelva. 1st Meeting of Holistic Education and Culture.

15-18 December 1999.

Conference. "Transpersonal Education" (SPANISH)

Transpersonal Psychology Cycle. Espai Gestalt. Barcelona

17 June 2015

Conference. "Transpersonal Psychology and the Psychology of Chaos. A critical opinion on transpersonal madness" (SPANISH) If Maslow were to raise his head. (SPANISH) 2 hrs.

Conde Duque Palace. Region of Madrid. Encounters With Subtlety

12 March 2014.

Consciousness and transformation: "Slicing open the heart of the machine" (SPANISH)

<https://www.youtube.com/watch?v=xw7pIsdfrCg>

1 hrs. 32 min 40 secs.

World Ayahuasca Conference, Girona 2019

31 May - 2 June 2019

Two conferences: Conference and launch of the book *Labyrinth of Ayahuasca*.

1 - Early research into traditional indigenous medicine. (SPANISH) Towards a scientific investigation.

2 - Traditional indigenous medicine. From integrating experiences to integrated practice.

Centro Eleusis. Madrid. Light and Shadows in Shamanism and the Use of Plants

10/12/2008. International Conference

http://www.offlimits.es/eleusis_nativahttps

<http://www.youtube.com/watch?v=d8TjgC9tda0-> *English Subtitles*

Los Naranjos Clinic. Congress on Clinical and Health Psychology.

Psychiatry and clinical psychology conference. Malaga

24/25/26 April 1997

Two theoretical workshops on psychotherapy

"Basic perinatal matrices" and "Non-ordinary states of consciousness" (SPANISH)

Local Council of Crevillente. Alicante

October 2009

Conference: "The Ancient Wisdom - Modern Science Synthesis". (SPANISH) 1hr

***AMERICA**

7th Ibero-American Congress of Psychology:

Clinical Practice. Speech: "The senselessness of life as a symptom" (SPANISH)
20-24/7/2010. 45 min

Cesar Vallejo University Tarapoto. Peru

Conference. "Crisis of Science and Consciousness" (SPANISH)
7 March 2013. No of hours: 2hrs.

Official Association of Psychologists of Peru. Lima International Conference.

Presentation. "Psychology of Chaos: a proposal for integration"
24/8/ 2006

Official Association of Psychologists of Peru. Lima

Conference and workshop. "Applicable base practices of Transpersonal Psychology" (SPANISH)
12/9/2012

Consciousness Congress 2014. Puebla (MEXICO)

11th Transpersonal University Institute. Personal invitation from Dr. Stanley Krippner, Emeritus Professor of APA. Attended by Ken Wiber, among others
Presentation. "Conscience and the meaning of life" (SPANISH)
21-22/2/2014.

San Martín de Porres University Lima. Peru

16th International Seminar "Models and intervention strategies in Psychology"
Speech: "Towards a psychology of integration" (SPANISH)
7-8-9/9/2009. 2-hour presentation

San Martín de Porres University Lima. Peru

Conference and launch of the book *What is healing?* (SPANISH)
14 March 2013. 2-hour presentation

Campus Colima University. Mexico. Vizcaya Americas Cultural Week.

Speech "New Challenges in Psychology" (SPANISH)
12 March 2014. 2hrs.

Manuel Beltrán University Bogotá. COLOMBIA

Online conference: *New challenges for a psychology of consciousness.* (SPANISH)
22 October 2015 1hr. 30 min.

Takiwasi Centre for the Treatment of Drug Addicts. Tarapoto. Peru

International Research Proposals. Dr. Brian Rush (University of Toronto, (Canada), Dr. Jaques Mabit and Manuel Almendro. Speeches:
1 - Clinical psychology and traditional indigenous medicine. (SPANISH)
2 - Healing processes in drug addiction from the Oxigeme Process perspective. (SPANISH)
26/11/2015

Takiwasi Centre for the Treatment of Drug Addicts

12/12/2019. Conference for interns, one-day practical course, plus open conference on 14 December.

1 - 2-hour presentation. 2 - Total duration 6hrs, 30 min.

Autonomous University of Mexico. UNAM. Invitation by the eminent Dr. Viesca. Joined by Dr. Anja Presser-Velder and Dr. Jesús González. Event and Conference, and presentation of the book *Labyrinth of Ayauhasca*. [www.facebook.com/ Faculty of Medicine UNAM/](http://www.facebook.com/Faculty%20of%20Medicine%20UNAM/) 22 February 2019

2nd International Science and Religion Event

Speech: Psychology and Religion. Online.

Date 10-11 September 2015 La Plata Argentina Training and Research Centre

Video conference. 1 hr. 30 min. Argentina

In-person Conference, Cusco. Peru. The Path of the Native Mind (SPANISH)

Date 20/08/2009 1hrs. 45 min

Municipality of Iparía Peruvian Amazon. Metsashoko-Oxigeme Project for the recovery of the Shipibo-Conibo traditional medicine and its integration with Western psychology and medicine. 18/08/2010

Institute of Medicine Eleusis Lima. Peru

"Psychology Of Chaos And Pandemic"

Interview with Dr. Manuel Almendro. <https://www.youtube.com/watch?v=3oe5cCAUmpQ>

General and Training Workshops.

Since 1984, and training workshops for the Oxigeme Process since 2008, on a monthly or two-monthly basis. Locations: California, Mexico, Colombia, Peru and Europe. Conferences and workshops organised by universities and psychology centres, too numerous to list here.

***Internet. Media**

A number of conferences, for example on the pandemic and other subjects, can be found on YouTube, Facebook, etc. reported to have been shared over 83,000 times. They are in Spanish, with some in English.

Publicly Broadcast University Activities. Educational Television*National University of Distance Education. Programmes. UNED. TVE 2. Interviews**

Crisis and chaos. <https://www.youtube.com/watch?v=ywR4MnWnPI4>

1 November 2013 11 min. 58 secs.

National University of Distance Education. Programmes. UNED. TVE 2. Interviews

Transcultural Psychology, Indigenous Medicines

<https://www.youtube.com/watch?v=Znn1q-UmFdo>

8 May 2015 21 min. 28 secs.

***TEACHING ACTIVITY**

Training for health professionals.

Trainer and director of the psychology and psychotherapy integration process Oxigeme.

Intervention protocol for psychotherapy focusing on the problem and the person.

Towards a 21st century Psychology.

Integration of the most significant schools in the West, Zen and researching in Indigenous Medicine.

First cycle. Therapeutic intervention -protocol-. Integration of the most important schools of psychology. Original protocol for private use.

Second Cycle. Theoretical-experiential process based on the "states of consciousness" from the meditative processes of the tradition, with emphasis on ZEN.

TRAINING I 2011 - 2015

TRAINING II 2013 - 2016

TRAINING III Since 2018

Secondary school teacher from 1980 to 1988 Regional Government of Catalonia.

Doctoral Theses

Autonomous University of Madrid. UAM. Faculty of Psychology. Department of Biological and Health Psychology. Author: Manuel Almendro

"The meaning of chaos theories in psychotherapy"

Date of publication: 2000. Result: summa cum laude.

Chairman of the thesis committee: José Luis Pinillos, widely considered to be the father of psychology in Spain, colleague and collaborator of Hans Jürgen Eysenck.

Central topic: Dissipating processes devised by Ilya Prigogine could be applied in psychotherapy, perceiving crisis as a process of reorganisation for the person.

***Doctoral Theses on the Work of Manuel Almendro**

University of Comillas. Madrid. FACULTY OF HUMAN AND SOCIAL SCIENCES

DEPARTMENT OF PSYCHOLOGY

"STATES OF CONSCIOUSNESS DURING THE PRACTICE OF MEDITATION: A NEUROPHENOMENOLOGICAL STUDY". May 2016

Author: Elena López Suárez Supervisors: Rafael Jódar Anchía, Lucía Halty Barrutieta. Madrid

COMPLUTENSE UNIVERSITY OF MADRID. UCM. Faculty of Psychology.

"EFFECTS OF A TRAINING PROGRAM IN MEDITATION

MINDFULNESS ON ATTENTION AND CONSCIOUSNESS, AFFECTION AND STRESS. ASSESSMENT ON ADHERENCE TO TRAINING"

Author: BARBARA HORRILLO ALVAREZ. Supervisors: Carolina Marín-Martín and Manuel R. Abuin. June 2020

Autonomous University of Barcelona - UAB (2014)

"Complexity and transpersonal psychology: chaos, self-organisation and peak experiences in psychotherapy". Author: Iker Puente Vigiola

Doctoral thesis supervised by Santiago Estaún Ferrer.

***PUBLISHERS**

Scientific Committee. Board Member for **International Journal of Transpersonal Studies**
Board Member for International **Journal of Transpersonal Research**
Board of the Liberavit Journal. Member of the Scientific Committee. San Martín de Porres
University Lima. Peru
Editor: **Editorial Kairós** and **Editorial La Llave**

***PUBLISHED WORKS. Books**

Author: Manuel Almendro
Title: Chaos psychology and psychotherapy. 2013. Houston: (USA)
Publisher: Lantia Publishing

Author: Manuel Almendro
Title: Psychology of Chaos. 2002. Barcelona (Spanish)
Publisher: La Llave

Author: Manuel Almendro
Title: Transpersonal Psychology and Psychotherapy. 1994-2018. 7th edition. Barcelona
Publisher: Kairós (Spanish)

Author: Manuel Almendro
Title: Shamanism: The path of the native mind. 2nd edition. 2008/2012 Barcelona
Publisher: Kairós. (Spanish)

Author and Publisher: Manuel Almendro
Title: What is healing?" 2013. Barcelona
Publisher: Kairós. (Spanish)
12 National and International Authors: S. Grof, A.M. Schlüter, R. Giove etc..

Author and Publisher: Manuel Almendro
Title: Krisis. 2009. Barcelona
Publisher: La Llave. (Spanish)
In collaboration with Stanislav Grof, Stanley Krippner, Federico Mayor Zaragoza, former
chairman of UNESCO, etc.

Author and Publisher: Manuel Almendro
Title: Transpersonal consciousness. 3rd edition. 1999. Barcelona
Publisher: Kairós (Spanish)
In collaboration with Stanislav Grof, Roger Walsh, Frances Vaughan, Claudio Naranjo,
Dhiravamsa, etc.

Author: Manuel Almendro
Title: The Labyrinth of Ayahuasca. An investigation into shamanism and indigenous medicine.
2018. Barcelona (Spanish, Translating into English)
Publisher: Kairós

Author: Manuel Almendro
Title: Transpersonal Psychology. Key Concepts. 2004. Madrid.
Publisher: Martinez Roca. (Spanish)

***Articles, Book Chapters and Prologues**

Author: Manuel Almendro

Title: In Memoriam: Claudio Benjamin Naranjo Cohen (1932-2019)

Journal of Transpersonal Psychology. 2019, Vol.51 #2

San Francisco, California (USA)

Author: Manuel

"The Healing Power of Shamanism in Transpersonal Psychology".

International Journal of Transpersonal Studies 2000 Vol.19. 49.57.

San Francisco, California (USA)

Authors: Manuel Almendro & Daniella Weber

Title: Dissipative processes in psychology: From the psyche to totality.

International Journal of Transpersonal Studies. 31 (2) 01- 22. 2012

San Francisco, California (USA)

Authors: Manuel Almendro and Elena López Suárez

Title: Beyond Frontiers: Meditative Practice, Clinical Practice and Scientific Research.

Journal of Psychology and Psychotherapy 6: 281. doi: 10.4172/2161-0487.1000281. 2016

Brussels, Belgium.

Autor: Manuel Almendro

Title: Integrating Ayahuasca Experiences Requires an Integrated

Approach. <https://kahpi.net/integrating-ayahuasca-experiences-dangers/>

March, 2019

Authors: Frédérique Apffel Marglin (Writer), Stefano Varese (Writer)

Contemporary Voices from Anima Mundi; A Reappraisal. 2020.

Review by Manuel Almendro.

Peter Lang Publishing

Author: Manuel Almendro

TRANSPERSONAL MANIFESTO

Remembering, Retracing paths: Greatness and misery.

Transpersonal psychology under review

Journal of Transpersonal Research, 2009, Vol. 1 (2), pp 112-121

Authors: Elena López, Samuel A Malkemus, Marcos Redondo, Rodrigo Hernando, Javier

Rodríguez and Edward J Dale

Book Review: "Chaos Psychology and Psychotherapy" by Manuel Almendro.

Journal of Psychology & Psychotherapy. January 2017. 07(01). DOI: 10.4172/2161-

0487.1000290

Author: María Teresa Román

Title: The Exploration of Consciousness: East and West. (SPANISH) 2017 Barcelona.

Prologue by Manuel Almendro

Publisher: Kairós (Spanish)

Authors: Juan Diego Duque Martínez, Patricia Lasso Toro,
Johnny Javier Orejuela Gómez.
Epistemological foundations of psychologies. With an emphasis on transpersonal psychology.
(SPANISH)
Prologue by Manuel Almendro.
San Buenaventura University, Cali Colombia. 2011

José María Prieto and Miguel Ángel Santed (Ed.)
Title: Clinical application of silence. Chapter by Manuel Almendro in the book Psychology,
Meditation, Spirituality (SPANISH) Publisher, EOS Madrid, 2020

Author: Manuel Almendro
Title: I do not think, therefore I am. A challenge for the good new science. (SPANISH)
Éndoxa, (42), 309-342. 2018 UNED. National University of Distance Education

Authors: Manuel Almendro and Elena López Suárez
Title: Beyond frontiers: Meditative Practice, Clinical Practice and Scientific Research (SPANISH)
Journal: Infocop | 21/02/2017 6:05:00
http://www.infocop.es/view_article.asp?id=6643&cat=47

Author: Manuel Almendro
Title: Transpersonal Psychology: ups and downs of a discipline: science, suprascience,
pseudoscience. (SPANISH) Vol. 6. 1-5. Autonomous University Barcelona. 2014 (Spanish)
<http://pagines.uab.cat/filosofiaoriental/sites/pagines.uab.cat/filosofiaoriental/files/almendro.pdf>

Authors: José Luis Romero Cuadra, Rafael Alvaro Vazquez. (Editors)
Title: PSYCHOPOLIS. CURRENT AND ALTERNATIVE PARADIGMS IN MODERN PSYCHOLOGY
(SPANISH)
Chapter by Manuel Almendro. Transpersonal Psychology: a complex challenge. Publisher:
Kairós 2005

Current invitation to Manuel Almendro. Chapter in the book
"Human Core Identity: Approaches and Implications"
Cambridge Scholars

***Interviews by Manuel Almendro**

Interview with Michael Harner, by Manuel Almendro. Beyond Science May 1995. The
shamanistic experience lets you touch the universe. (SPANISH)
Repository <http://www.oxigeme.com/wp-content/uploads/2016/09/Entrevista-a-Michael-Harner1.pdf>

Interview with Michael Harner, by Manuel Almendro. Beyond Science 1995 Repository
<http://www.oxigeme.com/wp-content/uploads/2014/10/Grof-94.pdf>

Stanislav Grof: "Transpersonal Psychology, a New Paradigm, a New Psychology" Próximo
Milenio 1998 Repository <http://www.oxigeme.com/wp-content/uploads/2014/10/Grof-92.pdf>

Jacques Mabit: Beyond Science 1994 "Revolutionary method of healing of drug addicts. The Takiwasi community."

1992 Repository http://www.oxigeme.com/wp-content/uploads/2014/10/Takiwasi_Mabit_julio_97.pdf

***Workshops. Psychology Seminars. Oxigeme Process.**

It is impossible to list all the activity of 35 years of work, so this is just a part.

Important Note. Application of clinical psychology, Zen and traditional indigenous medicine. First process: resolution and dissolution of the shadows of memory. The shape of Man. Following clinical and spiritual traditions.

Second process: Immersion in silence

Processes designed by Manuel Almendro in the context of the Oxigeme process as set out in books and papers.

Workshops, since 1984, increasing over the years up to every month: Europe and America: California, Mexico, Venezuela, Colombia, Peru. Too many workshops to list here.

CRISOL: Clean your family wounds. Duration: One week

Weekends

Special mention. Seminars led by Dhiravamsa and Manuel Almendro, Psychotherapy (induced vibration) and Vipassana meditation. 2004.2008.

***Acknowledgements**

Official Professional Association of Psychologists, Madrid

Honorary mention after 25 years working as a psychologist. 10/11/2015

Acknowledgement from the Official Professional Association of Psychologists of Peru.

Recognition ceremony. School of Psychologists of Peru. Lima

In-person. Scientific and professional contribution in the area of clinical and health psychology.

Date: 5/9/2009. 3hrs. 30 min

Government Ceremony in Puebla, Mexico.

Recognition of Manuel Almendro for his contribution to the reinforcement of the education system. Date: February 2014. 3 hrs.

Academic Acknowledgements in the 21st Century. Spanish Institute

Salustiano del Campo ED. Madrid, 2000. Chapter: The new boundaries of social sciences. Reference to Manuel Almendro and his theory, on the topic of Emerging Crises.

Spanish Centre of Reprographic Rights

Acknowledgement of Manuel Almendro as an Author. CEDRO International Code ISNI 0000 0000 7217 2005

***Research. Field Work**

Indigenous Mexico. 1978 to 2007. Guichol and Mazatec Ethnics in Mexico. Research project that continued with Mazatec Master (Shaman) Patricio Pineda until his death. Work reflected in papers and book.

Amazon. Since 1992. Ashenikas, Cocama and Shipibo-Conibo people. Ashenika. Master Juan Flores. Kokama: Master Mamerto Yawarkani.

(Publication under acceptance process. Title: Indigenous Traditional Medicine, an assessment of experiences in expanded states of consciousness.(In revision process), Almendro, M.;López-Suarez, E.; Horrillo, B.)

Sabadell Hospital. Barcelona. 2022. Approved Research

Integral Stress Reduction Treatment in Fibromyalgia. Treatment and Research.
Manuel Almendro and Noemí Navarro. Specialist in rheumatology

Note: Manuel Almendro met with Francisco Varela and Nobel Laureate Ilya Prigogine to develop these lines of implementation of the non-linear, dissipative processes in psychology. Research strategies and questionnaire designs such as the VEEC (Assessment of States of Consciousness) Chronbach 0.9 alpha scale, designed by Manuel Almendro.

***Websites:**

<https://www.oxigeme.com>
Official School of Psychologists in Catalonia, <https://www.copc.cat/>
[https:// independent.academia.edu/Malmendro](https://independent.academia.edu/Malmendro)
[https://www.researchgate.net/profile/Manuel Almendro](https://www.researchgate.net/profile/ManuelAlmendro)
<https://editorialkairos.com/>
<https://edicioneslallave.com/>
Spanish Centre of Reprographic Rights <https://www.cedro.org/>

***Interests:**

Research in the field of Brain-Consciousness. Correlation of states of consciousness and cerebral responses.
Expanded state of consciousness and evolutionary processes. Conscious Peace
Bio-Psycho-Social-Spiritual model
Passive and receptive consciousness. Overcoming the destructive dual mind.
Research into traditional indigenous medicine. Creation of a clinic / field hospital in the Amazon to observe the use of plants and traditional Ashenika activities in healing of illnesses.
Research into meditation. What is illumination? Is it a special state of consciousness, a calling, an appealing decoy, a myth...?
Perceptual processes and the link between meditative states and the brain.
The Spiritual Factor as a V process in the healing and illuminative process.