

## CURRICULUM VITAE

Name: Manuel Almendro

Address: Calle Provença 112 Barcelona  
Calle San Vicente Ferrer 16, 1º Dcha 28004 Madrid

### \*University Qualifications

<b>Degree</b>	<b><u>Date</u></b>
<b>University of Barcelona. UB. Faculty of Philosophy and Letters. Psychology</b>	10/06/1980
<b>Spanish Ministry of Education Qualified Psychologist specialising in Clinical Psychology</b>	05/02/ 2007
<b>University of Barcelona. UB. Degree in Philology</b>	09/2/1982
<b>Doctorate</b>	<b><u>Date</u></b>
<b>Autonomous University of Madrid. UAM. Doctorate in Psychology (Summa cum laude)</b>	07/12/2000
<b>University of Barcelona. UB. CAP. Certificate of Education.</b>	1980

### \*Professional Qualifications

Registered member. Official Association of Psychology of Barcelona. Nº 4034. Since 1987

Certified European Psychologist, Psychology and psychotherapy.  
Registered EuroPsy Psychologist.  
Registered Psychologist Specialist in Psychotherapy  
Certification granted 10 June - 6 June 2011 Renewed

6 July 2016

Member of EFPA (European Federation of Psychology Association) Since 2008

Member of the Society for Chaos Theory in Psychology & Life Science.  
Wisconsin, USA

2001/2002

Founding Chairman of ATRE. Spanish Transpersonal Association. 1992

### \*CURRENT PROFESSIONAL SITUATION and START DATE:

Clinical Practice since 1984 - Research-Private Teaching.

**Chairman** of the Oxigeme Association since 2008.

Assessment of Professional Psychologists

#### **ORGANISATION: OXIGEME CENTRE**

**DEPT.** Clinical psychology Training for psychologists and physicians using the Oxigeme process

**POSTAL ADDRESS:** C/ Provença 112 Barcelona. C/ San Vicente Ferrer 16 Madrid. Spain. Clinics.

**TELEPHONE:** +34 679 108 614 and

**EMAIL and WEBSITE:** [almen@oxigeme.com](mailto:almen@oxigeme.com) [www.oxigeme.com](http://www.oxigeme.com)

*Note: Oxigeme is a process founded by Manuel Almedro in 1984, which integrates clinical psychology, meditation and indigenous medicines with research and publications in Spanish and English. It provides training for psychologists and physicians.*

**\*ACADEMIC ACTIVITY**

**Ramon LLull University. URLI. Barcelona. Doctoral Thesis.**

**Member of the Tribunal.**

18-10-2021

*“Relación facilitadora de cambios en la identidad que favorezcan la emergencia del Ser de la persona. Desarrollo de un modelo de Acción Comunitaria Integral” *“Facilitating relationship of changes in identity that favor the emergence of the Being of the person. Development of a model of Integral Community Action”.**

**Author: Ms. Ariadna Salvà Aije**

**Director: Dr. Josep Gallifa Roca**

**Co-director: Dr. Silvia Postigo Zegarra**

**Ramon Llull University (URLI), Barcelona. Doctoral Thesis.**

**Member of Doctoral Thesis Committee.**

06 July December 2021

*“Mindfulness Implicado: explorando la intersección entre práctica meditativa, subjetividad contemporánea y cambio ecosocial” *“Mindfulness Implicated: exploring the intersection between meditative practice, contemporary subjectivity and ecosocial change.”**

Joseba Azkarraga Etxagibel N° of hours: 4hrs. 50 min.

**Ramon Llull University (URLI), Barcelona. Doctoral Thesis.**

**Member of Doctoral Thesis Committee.**

20 December 2019

*“How do Psychotherapists Understand, Navigate, Experience and Integrate Spiritually in their Professional Encounters with Clients?”*

Amalia Elsa María Carli. No of hours: 3hrs. 50 min

**Ramon Llull University (URLI), Barcelona. Doctoral Thesis.**

**Member of Doctoral Thesis Committee.**

6 November 2015

*“Kabbalah, psychology of Jewish mysticism” Mario Saban*

No of hours: 3hrs. 30 min

**Complutense University of Madrid. UCM. Doctoral Thesis.**

**Member of Doctoral Thesis Committee.**

. 11 January 2016

*“Death as an adaptive psychological process in Buddhism: the resilient attitude”. Patricia Díez Sánchez. 2hrs. 30 min*

**University of Comillas. Madrid. Doctoral Thesis.**

**Member of Doctoral Thesis Committee.**

. May 2016

“States of consciousness during the practice of medication: a neurophenomenological study.”

Elena López Suárez. 2hrs. 30 min

**\*Tutor, MASTER’S IN GENERAL CLINICAL PSYCHOLOGY:**

**UDIMA –Distance Learning University of Madrid 2019-2020**

**Tutor, PSYCHOLOGY DEGREE Practicum:**

**Complutense University of Madrid. UCM.**

(Cardenal Cisneros University)

2013-2014

**Comillas Pontifical University**

2009-2010

**National University of Distance Education. UNED.**

2018-2019

**Open University of Catalonia**

2016-2017

and 2017-2018

**Miguel de Cervantes University**

2020-2021

**University of La Rioja**

2019-2020

**\*OTHER QUALIFICATIONS**

Grof Transpersonal Training. California.

26 May 1995

Holotropic Breathwork Certification signed by Stanislav Grof and Christina Grof.

**Zen. Jogye Order of Europe**

Dharma Teacher.

Barcelona, 23 July 1989

Signed by Seung Sahn, Buddhist Master.

**\*ACADEMIC AND PROFESSIONAL CONFERENCES, CONGRESSES AND EVENTS**

**Complutense University of Madrid. UCM.** One day conference, 5 April 2019:

“Psychology, Meditation and Spirituality” (SPANISH)

Presentation. Medication: Clinical application of silence

**Oxigeme Process. 1st One Day Conference:**

“Towards a 21st century Psychology” (SPANISH). Oxigeme Centre. Madrid

Madrid. 04/11/2017 Oxigeme Centre.

With the participation of members of Oxigeme and university tutors.

**National University of Distance Education. UNED. Cádiz**

“What is curing?” (SPANISH)

Conference. Book launch. 08/05/2013

**University of Palmas de Gran Canaria**

ATRE Congress. Spanish Transpersonal Association

Manuel Almendro, Founder and Chairman.

1st ATRE National Congress

Speech: "Crisis of Science and Consciousness". (SPANISH) 16-20/12/1998.

Workshop. "Induced vibration"

Moderator and speaker. Guest speakers Claudio Naranjo and Ilia Prigogine (did not attend due to illness)

**Faculty of Medicine. Autonomous University of Madrid. UAM.**

2nd ATRE Congress.

"Conscience and the meaning of life" 12-13-14/5/2000

Moderator and speaker

**French Institute. Barcelona**

3rd Congress. ATRE Conference.

"WISDOM, SCIENCE AND CONSCIOUSNESS" 14-15-16/12/2001

Moderator and speaker.

**8th Eurotas Congress. European Transpersonal Association**

St. Ouen L'Aumône. France 6-8/10/2006

Speech: "The emergence of *Anima*, the emergence of the feminine." (FRENCH)

**ATRE. SEPI.** Spanish Society for a psychology of integration. Alboraya, Valencia.

4th ATRE CONGRESS.

"SCIENCES OF LIFE, SCIENCES OF DEATH" 29/5/ to 1/6/2003, Moderator and speaker (SPANISH)

**Official Association of Psychologists of Valencia.** Event on the transpersonal in psychology and psychotherapy.

29-30-31/19/ 1999

Conference: "Non-ordinary states of consciousness" (SPANISH)

**OSMI. Observatory of Health and Integrated Medicine**

International Congress. 2-6/11/ 2020.

One Health.

Presentation: "The Emerging Conscience" (SPANISH)

[www.observatoriomedicinaintegrativa.org](http://www.observatoriomedicinaintegrativa.org)

**National University of Distance Education. UNED. Cádiz**

Conference and launch of the book *Labyrinth of Ayauhasca*, 2/5/2019

**National University of Distance Education. UNED**

Posthumous tribute to Prof. María Teresa Román López. 29 May 2017

Event attended by the Rector of the University. Conference "M<sup>a</sup> Teresa Román"

<https://canal.uned.es/series/5a6f3577b1111fe02b8b4569>

**University of Barcelona. UB. Aula Magna**

Conference, Round Table and Presentation of my book, *Krisis. Crises and innovative outcomes*, by the Dean of the Faculty of Psychology and the author. 6/5/2009. 2hrs 30 min

**Autonomous University of Madrid. UAM**

One day conference: Authors' Discussion. Conference and Presentation of the book *Krisis*.  
4/7/2009. 2hrs.

**Golferichs Civic Centre. Municipal Council of Barcelona**

16 June 2018

The Oxigeme process in Clinical Practice. (SPANISH) 2nd Oxigeme Conference.

<https://www.youtube.com/watch?v=c6vySUEVlro>

**Castellón Hospital. 5/3/2009**

Conference and workshop. "Towards a Psychology of Chaos" (SPANISH)

3hrs 30 min.

**Tortosa Hospital. Tarragona. 18/5/ 2009**

Conference: "Psychology and Transpersonal Medicine" (SPANISH)

**University of Comillas. Madrid. 1 October 2009**

Conferences and Round Table. Presentation of the book *Krisis*.

Attended by F.Mayor Zaragoza, Former Chairman of UNESCO; R. Jódar; A de la Herran, M. Almendro. 2 hrs

**Maspalomas Summer University. Gran Canaria. 21-24/ 7/ 2003**

Course: "The role of emotions in the process of healing" (SPANISH)

Speech: "Psychotherapy of chaos" (SPANISH)

**Castel Ruiz Cultural Centre. Local Council of Tudela. Navarra**

Conference: "Compassion and inner development" (SPANISH)

"Is world peace possible?" (SPANISH)

14-7- 2008. 8-day attendance. 2-hour presentation.

**Castel Ruiz Cultural Centre. Local Council of Tudela. Navarra**

Conference: "Psychology and meditation: an achievable encounter" (SPANISH)

12 April 2010.

2-hour presentation.

**Castel Ruiz Cultural Centre. Local Council of Tudela. Navarra**

1.5-hour conference. "Crisis, anxiety of life and collective health" (SPANISH)

Guided Meditation.

Round Table: Evolving toward a comprehensive policy" (SPANISH)

30 April 2015

1-hour round table

Meditation/mindfulness. 30 min

**Castel Ruiz Cultural Centre. Local Council of Tudela. Navarra**

Meditation: "The adventure of finding yourself" (SPANISH)

Date 12-17 April 2015

Psychology and Meditation

1hr. 30 min

**Institute of Cultural Affairs.** Prague. Czech Republic. 15 September 1992.

Topic: Transpersonal Dynamics and The New Science

**Lima School of Psychoanalytics.** Lima. Peru. 23/8/2000

Conference: "The limits of psychotherapy. Altered states of consciousness".

**University of Lisbon. ALUBRAT.** Luso-Brazilian Association. Peniche. Portugal

Presentation. Transpersonal Psychology (SPANISH). 23-25 September 1999.

**3rd International Congress on Psychocorporal Therapy**

Barcelona. 2 April - 2 May 1993.

"Consciousness and body in induced vibration" (SPANISH)

Speaker and organiser.

**Official Association of Psychologists of Madrid**

12 April 1993

"The transpersonal and the body". Conference and presentation of the 3rd Psychocorporal Congress.

**Complutense University of Madrid. UCM**

23-27 May 2000.

Events on the Role of Academic Psychology.

Conference: "Transpersonal Psychology: Approaching the being" (SPANISH)

**Complutense University of Madrid. UCM.**

Faculty of Information Science. 15-16 April 2000

Presentation. Health in the 21st century

**University of Huelva.** 1st Meeting of Holistic Education and Culture.

15-18 December 1999.

Conference. "Transpersonal Education" (SPANISH)

**Transpersonal Psychology Cycle.** Espai Gestalt. Barcelona

17 June 2015

Conference. "Transpersonal Psychology and the Psychology of Chaos. A critical opinion on transpersonal madness" (SPANISH) If Maslow were to raise his head. (SPANISH) 2 hrs.

**Conde Duque Palace. Region of Madrid. Encounters With Subtlety**

12 March 2014.

Consciousness and transformation: "Slicing open the heart of the machine" (SPANISH)

<https://www.youtube.com/watch?v=xw7plsdfrCg>

1 hrs. 32 min 40 secs.

**World Ayahuasca Conference, Girona 2019**

31 May - 2 June 2019

Two conferences: Conference and launch of the book *Labyrinth of Ayahuasca*.

1 - Early research into traditional indigenous medicine. (SPANISH) Towards a scientific investigation.

2 - Traditional indigenous medicine. From integrating experiences to integrated practice.

**Centro Eleusis. Madrid. Light and Shadows in Shamanism and the Use of Plants**

10/12/2008. International Conference

[http://www.offlimits.es/eleusis\\_nativahttps](http://www.offlimits.es/eleusis_nativahttps)

<http://www.youtube.com/watch?v=d8TjgC9tda0>- *English Subtitles*

**Los Naranjos Clinic. Congress on Clinical and Health Psychology.**

Psychiatry and clinical psychology conference. Malaga

24/25/26 April 1997

Two theoretical workshops on psychotherapy

“Basic perinatal matrices” and “Non-ordinary states of consciousness” (SPANISH)

**Local Council of Crevillente. Alicante**

October 2009

Conference: “The Ancient Wisdom - Modern Science Synthesis”. (SPANISH) 1hr

**\*AMERICA**

**Cayetano Heredia University. Lima. PERU**

Conference: Towards a psychology of consciousness, new challenges in science.

Thursday, September 01, 2022.

**7th Ibero-American Congress of Psychology:**

Clinical Practice. Speech: “The senselessness of life as a symptom” (SPANISH)

20-24/7/2010. 45 min

**Cesar Vallejo University Tarapoto. Peru**

Conference. “Crisis of Science and Consciousness” (SPANISH)

7 March 2013. No of hours: 2hrs.

**Official Association of Psychologists of Peru. Lima International Conference.**

Presentation. “Psychology of Chaos: a proposal for integration”

24/8/ 2006

**Official Association of Psychologists of Peru. Lima**

Conference and workshop. “Applicable base practices of Transpersonal Psychology” (SPANISH)

12/9/2012

**Consciousness Congress 2014. Puebla (MEXICO)**

11th Transpersonal University Institute. Personal invitation from Dr. Stanley Krippner, Emeritus Professor of APA. Attended by Ken Wiber, among others

Presentation. "Conscience and the meaning of life" (SPANISH)  
21-22/2/2014.

**San Martín de Porres University Lima. Peru**

16th International Seminar "Models and intervention strategies in Psychology"  
Speech: "Towards a psychology of integration" (SPANISH)  
7-8-9/9/2009. 2-hour presentation

**San Martín de Porres University Lima. Peru**

Conference and launch of the book *What is healing?* (SPANISH)  
14 March 2013. 2-hour presentation

**Campus Colima University. Mexico.** Vizcaya Americas Cultural Week.

Speech "New Challenges in Psychology" (SPANISH)  
12 March 2014. 2hrs.

**Manuel Beltrán University Bogotá. COLOMBIA**

Online conference: *New challenges for a psychology of consciousness.* (SPANISH)  
22 October 2015 1hr. 30 min.

**Takiwasi Centre for the Treatment of Drug Addicts. Tarapoto. Peru**

International Research Proposals. Dr. Brian Rush (University of Toronto, (Canada), Dr. Jaques Mabit and Manuel Almendro. Speeches:  
1 - Clinical psychology and traditional indigenous medicine. (SPANISH)  
2 - Healing processes in drug addiction from the Oxigeme Process perspective. (SPANISH)  
26/11/2015

**Takiwasi Centre for the Treatment of Drug Addicts**

12/12/2019. Conference for interns, one-day practical course, plus open conference on 14 December.  
1 - 2-hour presentation. 2 - Total duration 6hrs, 30 min.

**Autonomous University of Mexico. UNAM.** Invitation by the eminent Dr. Viesca. Joined by Dr. Anja Presser-Velder and Dr. Jesús González. Event and Conference, and presentation of the book *Labyrinth of Ayauhasca*. [www.facebook.com/](http://www.facebook.com/) Faculty of Medicine UNAM/ 22 February 2019

**2nd International Science and Religion Event**

Speech: Psychology and Religion. Online.  
Date 10-11 September 2015 La Plata Argentina Training and Research Centre  
Video conference. 1 hr. 30 min. Argentina

**In-person Conference, Cusco. Peru. The Path of the Native Mind (SPANISH)**

Date 20/08/2009 1hrs. 45 min



**Municipality of Iparía Peruvian Amazon.** Metsashoko-Oxigeme Project for the recovery of the Shipibo-Conibo traditional medicine and its integration with Western psychology and medicine. 18/08/2010

**Institute of Medicine Eleusis Lima. Peru**

"Psychology Of Chaos And Pandemic"

Interview with Dr. Manuel Almendro. <https://www.youtube.com/watch?v=3oe5cCAUmpQ>

**General and Training Workshops.**

Since 1984, and training workshops for the Oxigeme Process since 2008, on a monthly or two-monthly basis. Locations: California, Mexico, Colombia, Peru and Europe. Conferences and workshops organised by universities and psychology centres, too numerous to list here.

**\*Internet. Media**

A number of conferences, for example on the pandemic and other subjects, can be found on YouTube, Facebook, etc. reported to have been shared over 83,000 times. They are in Spanish, with some in English.

**\*Publicly Broadcast University Activities. Educational Television**

**National University of Distance Education. Programmes. UNED. TVE 2. Interviews**

Crisis and chaos. <https://www.youtube.com/watch?v=ywR4MnWnPI4>

1 November 2013 11 min. 58 secs.

**National University of Distance Education. Programmes. UNED. TVE 2. Interviews**

Transcultural Psychology, Indigenous Medicines

<https://www.youtube.com/watch?v=Znn1q-UmFdo>

8 May 2015 21 min. 28 secs.

**\*TEACHING ACTIVITY**

Training for health professionals.

Trainer and director of the psychology and psychotherapy integration process Oxigeme.

Intervention protocol for psychotherapy focusing on the problem and the person.

Towards a 21st century Psychology.

Integration of the most significant schools in the West, Zen and researching in Indigenous Medicine.

**First cycle.** Therapeutic intervention -protocol-. Integration of the most important schools of psychology. Original protocol for private use.

**Second Cycle.** Theoretical-experiential process based on the "states of consciousness" from the meditative processes of the tradition, with emphasis on ZEN.

TRAINING I 2011 - 2015

TRAINING II 2013 - 2016

TRAINING III Since 2018

Secondary school teacher from 1980 to 1988 Regional Government of Catalonia.

## **Doctoral Theses**

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**Autonomous University of Madrid. UAM. Faculty of Psychology. Department of Biological and Health Psychology. Author: Manuel Almendro**

**“The meaning of chaos theories in psychotherapy”**

Date of publication: 2000. Result: summa cum laude.

Chairman of the thesis committee: José Luis Pinillos, widely considered to be the father of psychology in Spain, colleague and collaborator of Hans Jurgen Eysenck.

Central topic: Dissipating processes devised by Ilya Prigogine could be applied in psychotherapy, perceiving crisis as a process of reorganisation for the person.

### **\*Doctoral Theses on the Work of Manuel Almendro**

**University of Comillas. Madrid. FACULTY OF HUMAN AND SOCIAL SCIENCES  
DEPARTMENT OF PSYCHOLOGY**

**“STATES OF CONSCIOUSNESS DURING THE PRACTICE OF MEDITATION: A  
NEUROPHENOMENOLOGICAL STUDY”**. May 2016

Author: Elena López Suárez Supervisors: Rafael Jódar Anchía, Lucía Halty Barrutieta. Madrid

**COMPLUTENSE UNIVERSITY OF MADRID. UCM. Faculty of Psychology.**

**“EFFECTS OF A TRAINING PROGRAM IN MEDITATION  
MINDFULNESS ON ATTENTION AND CONSCIOUSNESS, AFFECTION AND  
STRESS. ASSESSMENT ON ADHERENCE TO TRAINING”**

Author: BARBARA HORRILLO ALVAREZ. Supervisors: Carolina Marín-Martín and Manuel R. Abuin. June 2020

**Autonomous University of Barcelona - UAB (2014)**

**“Complexity and transpersonal psychology: chaos, self-organisation and peak experiences in  
psychotherapy”**. Author: Iker Puente Vigiola

Doctoral thesis supervised by Santiago Estaún Ferrer.

### **\*PUBLISHERS**

Scientific Committee. Board Member for **International Journal of Transpersonal Studies**

Board Member for **International Journal of Transpersonal Research**

Board of the **Liberavit Journal**. Member of the Scientific Committee. San Martín de Porres  
University Lima. Peru

Editor: **Editorial Kairós** and **Editorial La Llave**

### **\*PUBLISHED WORKS. Books**

Author: Douglas MacDonald & Manuel Almendro (Eds.)

Title: **Transpersonal Psychology and Science: An Evaluation of Its Present Status and Future  
Directions**. December. 2021. Cambridge. England

Publisher: Cambridge Scholar Publishing

Author: Manuel Almendro

Title: **Chaos psychology and psychotherapy**. 2013. Houston: (USA)

Publisher: Lantia Publishing

Author: Manuel Almendro  
Title: Psychology of Chaos. 2002. Barcelona (Spanish)  
Publisher: La Llave

Author: Manuel Almendro  
Title: Transpersonal Psychology and Psychotherapy. 1994-2018. 7th edition. Barcelona  
Publisher: Kairós (Spanish)

Author: Manuel Almendro  
Title: Shamanism: The path of the native mind. 2nd edition. 2008/2012 Barcelona  
Publisher: Kairós. (Spanish)

Author and Publisher: Manuel Almendro  
Title: What is healing?" 2013. Barcelona  
Publisher: Kairós. (Spanish)  
12 National and International Authors: S. Grof, A.M. Schlüter, R. Giove etc..

Author and Publisher: Manuel Almendro  
Title: Krisis. 2009. Barcelona  
Publisher: La Llave. (Spanish)  
In collaboration with Stanislav Grof, Stanley Krippner, Federico Mayor Zaragoza, former chairman of UNESCO, etc.

Author and Publisher: Manuel Almendro  
Title: Transpersonal consciousness. 3rd edition. 1999. Barcelona  
Publisher: Kairós (Spanish)  
In collaboration with Stanislav Grof, Roger Walsh, Frances Vaughan, Claudio Naranjo, Dhiravamsa, etc.

Author: Manuel Almendro  
Title: The Labyrinth of Ayahuasca. An investigation into shamanism and indigenous medicine. 2018. Barcelona (Spanish, Translating into English )  
Publisher: Kairós

Author: Manuel Almendro  
Title: Transpersonal Psychology. Key Concepts. 2004. Madrid.  
Publisher: Martinez Roca. (Spanish)

#### **\*Articles, Book Chapters and Prologues**

Author: Manuel Almendro.

Book Review: *The Revolution we Expected: Cultivating a New Politics of Consciousness, Claudio Naranjo*  
The Journal of Transpersonal Psychology, 2021, Vol. 53, No. 2

Author: Manuel Almendro  
Title: In Memoriam: Claudio Benjamin Naranjo Cohen (1932-2019)  
Journal of Transpersonal Psychology. 2019, Vol.51 #2  
San Francisco, California (USA)

Almendro, M., López, E., & Horrillo, B., Traditional Indigenous Medicine: An Assessment of Experiences in Expanded States of Consciousness. *Journal of Consciousness Exploration &*

Author: Manuel

"The Healing Power of Shamanism in Transpersonal Psychology".  
International Journal of Transpersonal Studies 2000 Vol.19. 49.57.  
San Francisco, California (USA)

Authors: Manuel Almendro & Daniella Weber

Title: Dissipative processes in psychology: From the psyche to totality.  
International Journal of Transpersonal Studies. 31 (2) 01- 22. 2012  
San Francisco, California (USA)

Authors: Manuel Almendro and Elena López Suárez

Title: Beyond Frontiers: Meditative Practice, Clinical Practice and Scientific Research.  
*Journal of Psychology and Psychotherapy* 6: 281. doi: 10.4172/2161-0487.1000281. 2016  
Brussels, Belgium.

Autor: Manuel Almendro

Title: Integrating Ayahuasca Experiences Requires an Integrated  
Approach. <https://kahpi.net/integrating-ayahuasca-experiences-dangers/>  
March, 2019

Authors: Frédérique Apffel Marglin (Writer), Stefano Varese (Writer)

Contemporary Voices from Anima Mundi; A Reappraisal. 2020.  
Review by Manuel Almendro.  
Peter Lang Publishing

Author: Manuel Almendro

TRANSPERSONAL MANIFESTO  
Remembering, Retracing paths: Greatness and misery.  
Transpersonal psychology under review  
Journal of Transpersonal Research, 2009, Vol. 1 (2), pp 112-121

Authors: Elena López, Samuel A Malkemus, Marcos Redondo, Rodrigo Hernando, Javier  
Rodríguez and Edward J Dale

Book Review: "Chaos Psychology and Psychotherapy" by Manuel Almendro.  
*Journal of Psychology & Psychotherapy*. January 2017. 07(01). DOI: 10.4172/2161-  
0487.1000290

Author: María Teresa Román

Title: The Exploration of Consciousness: East and West. (SPANISH) 2017 Barcelona.  
Prologue by Manuel Almendro  
Publisher: Kairós (Spanish)

Authors: Juan Diego Duque Martínez, Patricia Lasso Toro,

Johnny Javier Orejuela Gómez.

Epistemological foundations of psychologies. With an emphasis on transpersonal psychology.  
(SPANISH)

Prologue by Manuel Almendro.  
San Buenaventura University, Cali Colombia. 2011

José María Prieto and Miguel Ángel Santed (Ed.)  
Title: Clinical application of silence. Chapter by Manuel Almendro in the book Psychology, Meditation, Spirituality (SPANISH) Publisher, EOS Madrid, 2020

Author: Manuel Almendro  
Title: I do not think, therefore I am. A challenge for the good new science. (SPANISH)  
*Éndoxa*, (42), 309-342. 2018 UNED. National University of Distance Education

Authors: Manuel Almendro and Elena López Suárez  
Title: Beyond frontiers: Meditative Practice, Clinical Practice and Scientific Research (SPANISH)  
Journal: Infocop | 21/02/2017 6:05:00  
[http://www.infocop.es/view\\_article.asp?id=6643&cat=47](http://www.infocop.es/view_article.asp?id=6643&cat=47)

Author: Manuel Almendro  
Title: Transpersonal Psychology: ups and downs of a discipline: science, suprascience, pseudoscience. (SPANISH) Vol. 6. 1-5. Autonomous University Barcelona. 2014 (Spanish)  
<http://pagines.uab.cat/filosofiaoriental/sites/pagines.uab.cat/filosofiaoriental/files/almendro.pdf>

Authors: José Luis Romero Cuadra, Rafael Alvaro Vazquez. (Editors)  
Title: PSYCHOPOLIS. CURRENT AND ALTERNATIVE PARADIGMS IN MODERN PSYCHOLOGY (SPANISH)  
Chapter by Manuel Almendro. Transpersonal Psychology: a complex challenge. Publisher: Kairós 2005

Current invitation to Manuel Almendro. Chapter in the book  
"Human Core Identity: Approaches and Implications"  
Cambridge Scholars

#### **\*Interviews by Manuel Almendro**

Interview with Michael Harner, by Manuel Almendro. Beyond Science May 1995. The shamanistic experience lets you touch the universe. (SPANISH)  
Repository <http://www.oxigeme.com/wp-content/uploads/2016/09/Entrevista-a-Michael-Harner1.pdf>

Interview with Michael Harner, by Manuel Almendro. Beyond Science 1995 Repository  
<http://www.oxigeme.com/wp-content/uploads/2014/10/Grof-94.pdf>

Stanislav Grof: "Transpersonal Psychology, a New Paradigm, a New Psychology" Próximo Milenio 1998 Repository <http://www.oxigeme.com/wp-content/uploads/2014/10/Grof-92.pdf>

Jacques Mabit: Beyond Science 1994 "Revolutionary method of healing of drug addicts. The Takiwasi community."  
1992 Repository [http://www.oxigeme.com/wp-content/uploads/2014/10/Takiwasi\\_Mabit\\_julio\\_97.pdf](http://www.oxigeme.com/wp-content/uploads/2014/10/Takiwasi_Mabit_julio_97.pdf)

### **\*Workshops. Psychology Seminars. Oxigeme Process.**

*It is impossible to list all the activity of 35 years of work, so this is just a part.*

Important Note. Application of clinical psychology, Zen and traditional indigenous medicine.

First process: resolution and dissolution of the shadows of memory. The shape of Man.

Following clinical and spiritual traditions.

Second process: Immersion in silence

Processes designed by Manuel Almendro in the context of the Oxigeme process as set out in books and papers.

Workshops, since 1984, increasing over the years up to every month: Europe and America:

California, Mexico, Venezuela, Colombia, Peru. Too many workshops to list here.

CRISOL: Clean your family wounds. Duration: One week

Weekends

Special mention. Seminars led by Dhiravamsa and Manuel Almendro, Psychotherapy (induced vibration) and Vipassana meditation. 2004.2008.

### **\*Acknowledgements**

#### **Official Professional Association of Psychologists, Madrid**

Honorary mention after 25 years working as a psychologist. 10/11/2015

#### **Acknowledgement from the Official Professional Association of Psychologists of Peru.**

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Recognition ceremony. School of Psychologists of Peru. Lima

In-person. Scientific and professional contribution in the area of clinical and health psychology.

Date: 5/9/2009. 3hrs. 30 min

#### **Government Ceremony in Puebla, Mexico.**

Recognition of Manuel Almendro for his contribution to the reinforcement of the education system. Date: February 2014. 3 hrs.

#### **Academic Acknowledgements in the 21st Century. Spanish Institute**

Salustiano del Campo ED. Madrid, 2000. Chapter: The new boundaries of social sciences.

Reference to Manuel Almendro and his theory, on the topic of Emerging Crises.

Spanish Centre of Reprographic Rights

Acknowledgement of Manuel Almendro as an Author. CEDRO International Code ISNI 0000

0000 7217 2005

### **\*Research. Field Work**

**Indigenous Mexico.** 1978 to 2007. Guichol and Mazatec Ethnics in Mexico. Research project that continued with Mazatec Master (Shaman) Patricio Pineda until his death. Work reflected in papers and book.

**Amazon.** Since 1992. Ashenikas, Cocama and Shipibo-Conibo people. Ashenika. Master Juan Flores. Kokama: Master Mamerto Yawarkani.

*(Publication under acceptance process. Title: Indigenous Traditional Medicine, an assessment of experiences in expanded states of consciousness.(In revision process), Almendro, M.;López-Suarez, E.; Horrillo, B.)*

**Sabadell Hospital. Barcelona. 2022. Approved Research**

Integral Stress Reduction Treatment in Fibromyalgia. Treatment and Research.

Manuel Almendro and Noemí Navarro. Specialist in rheumatology

**Note:** Manuel Almendro met with Francisco Varela and Nobel Laureate Ilya Prigogine to develop these lines of implementation of the non-linear, dissipative processes in psychology. Research strategies and questionnaire designs such as the VEEC (Assessment of States of Consciousness) Chronbach 0.9 alpha scale, designed by Manuel Almendro.

**\*Websites:**

<https://www.oxigeme.com>

Official School of Psychologists in Catalonia, <https://www.copc.cat/>

<https://independent.academia.edu/Malmendro>

<https://www.researchgate.net/profile/ManuelAlmendro>

<https://editorialkairos.com/>

<https://edicioneslallave.com/>

Spanish Centre of Reprographic Rights <https://www.cedro.org/>

**\*Interests:**

Research in the field of Brain-Consciousness. Correlation of states of consciousness and cerebral responses.

Expanded state of consciousness and evolutionary processes. Conscious Peace

Bio-Psycho-Social-Spiritual model

Passive and receptive consciousness. Overcoming the destructive dual mind.

Research into traditional indigenous medicine. Creation of a clinic / field hospital in the Amazon to observe the use of plants and traditional Ashenika activities in healing of illnesses.

Research into meditation. What is illumination? Is it a special state of consciousness, a calling, an appealing decoy, a myth...?

Perceptual processes and the link between meditative states and the brain.

The Spiritual Factor as a V process in the healing and illuminative process.